



SAN FRANCISCO HEAD START/EARLY HEAD START
PROGRAM
SAN FRANCISCO STATE UNIVERSITY

*Please
Post*

IMMEDIATE OPENING

Nutritionist/Dietitian (part-time/temporary)

Come join a friendly, warm, nurturing and caring community of early childhood educators providing a culturally-relevant curriculum and creating a developmentally-appropriate classroom for children ages 3-5 years. Under the direct supervision of the Health Services Manager, this part-time, temporary position requires the services of qualified individual who will be responsible for implementing and evaluating a high quality nutrition program for Head Start children that meets or exceeds the Head Start Performance Standards.

Education and Job Requirements

Qualified Nutritionist/Dietitian can be one who (1) meets the Educational and Training requirements for membership in the American Dietetic Association plus one year of experience in Community Nutrition including services to children 0-6 years old, or (2) has a Baccalaureate degree with a major in Foods and Nutrition, Dietetics or equivalent hours of Food and Nutrition course work plus 2 years of experience in Community Nutrition including services to children 0-6 years old; and (3) must be oriented to the Head Start Performance Standards.

Sample Duties and Responsibilities

1. Participate in menu planning and review and take steps to assure a high quality food program that incorporates ethnic foods and menus.
 - a. Ensure that each child in the part-day, center-based setting receive meals and snacks that provide at least 1/3 of the child's daily nutritional needs; each child in a center-based, full-day program must receive meals and snacks that provide 1/2 to 2/3 of the child's daily nutritional needs depending upon the length of the program day; and all children in morning, center-based settings who have not received breakfast at the time be served a nourishing breakfast.
 - b. Ensure that foods served are high in nutrients and low in fat, sugar and salt.
 - c. Ensure that meal and snack periods in the centers/classrooms are appropriately scheduled and adjusted when necessary to ensure that the children's nutritional needs are met.
 - d. Ensure that children served in the home-based option are provided appropriate snacks and meals during group socialization activities.
 - e. Ensure that quantities and kinds of foods conform to recommended serving sizes and minimum standards for meal patterns recommended by the USDA.
 - f. Ensure that the nutrition program serves a variety of foods which consider cultural and ethnic preferences and which broaden each child's food experience.
 - g. Ensure that medically based diets or other dietary requirements are accommodated.
2. Assess the nutritional status and special needs of children and their families using information provided by the family and from the health records, discussions with the nurse, physician dentist, and from knowledge of community nutrition problems. Identify each child's nutritional needs, taking into account relevant nutrition-related assessment data (height, weight, hemoglobin/hematocrit).
 - a. Obtain information about each child's eating patterns and cultural preferences, special dietary requirements for each child with nutrition-related health problems and feeding requirements for children with disabilities.
 - b. Provide nutrition counseling, education and training for parents, and help parents and staff formulate plans for the Head Start nutrition program.

Employment with San Francisco State University Head Start is dependent on passing a criminal background check, health screening including a TB test, and approval by the Head Start Policy Council. SFSU is an EOE/AA employer.

* Persons of color are encouraged to apply.

To apply:

Mail or fax your cover letter, resume and transcripts (unofficial ok) to: San Francisco Head Start Program, Attn: Human Resources, 205 13th Street, Suite 3280, San Francisco, CA, 94103, FAX: (415) 552-7257. EMAIL: tom@headstart.sfsu.edu